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Mediation Monitor

Issue 25 December 2022 - August 2022

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We seek civility and resolution to all conflicts in our community by openly sharing our conflict resolution skills and tools.

Sonder: *def: 'The realization that each random passerby is living a life as vivid and complex as your own'*

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Hello <<First Name>>:

BIG NEWS at NMC!

Over the past year or so you may remember hearing about, or being involved in, NMC's strategic planning process. That process involved a SWOT assessment (Strengths - Weaknesses - Opportunities - Threats) interviews, surveys, and research with members of the community, volunteers, staff, board members and just about anyone we could gather information from to answer the basic question - "what does this community need most around conflict and communications?"

Thank you all for all your generous contributions! We learned a lot...

In July 2022, after a process of consolidating and wrestling with all of this information, the NMC Board of Directors made the decision to approve a Strategic Framework that will guide our direction over the next 5-10 years and sets our mission for many more years to come. In short, we are going to keep doing what we have been doing for twenty years, and, we are going to scale up and target our conflict resolution, training, and coaching work specifically with organizations that also work to reduce conflict, and even more specifically with organizations in Washoe County that support at risk youth and their families. We believe strongly that by helping organizations that do this type of work, we will help bring about a more conflict resilient community in both the short and long-term.

[\(read the NMC Strategic Framework here\)](#)

I find this decision and direction incredibly motivating and inspiring! I very much look forward to working in this community to make an even bigger impact than we already have and I very much look forward to working with you to make that impact even bigger. On behalf of everyone at NMC, thank you for your support over the years. If you would like to join us, rejoin us, or get even more involved, please connect and let's make the change we all want to see, together!

Cheers,

Mark Batson Baril
 NMC, Executive Director
mbaril@mediatenmc.org



[Conflict Resolution and De-Escalation Skills Training](#)
[Let's co-create and customize this one day training for you and your organization.](#)

NMC Updates

- A big thank you to Board Director Darby Phelps for her service to NMC and the community. Her experience, time and great energy is very much appreciated as she leaves the board.
 - NMC's Conflict Resolution and De-Escalation Skills Training, has been made open to the public by University of Nevada, Reno Extended Studies. We're more convinced than ever that this ever-evolving class is the go to conflict training in the county. [Please click here for upcoming public trainings in October and May.](#)
 - We're back at Sparks Justice Court! If you have a small claims case, please give mediation a go in this voluntary mediation setting.
 - ODR - Online Dispute Resolution is coming. We're working with one of the best companies in the world to setup a way for people and organizations to work out their conflicts in an online setting with and without mediators. Two of our partners are also working toward this same goal. Stay tuned! It's coming!
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Events Worth Attending

- [ACR's 2022 Annual Conference](#), September 14-16, 2022. Virtual and Orlando FL. "Evolving Horizons in Conflict Resolution"
 - [NMC's Volunteer Appreciation Celebration](#), September 21, 2022, 4:30-7:30. If you are a past, current or budding volunteer with NMC, thank-you, and please join us!
 - [Mediate.com's Mediation and Mental Health Conference](#), September 28-30, 2022. Virtual conference.
 - [Conflict Resolution and De-Escalation Skills Training](#), October 6, 2022. In person, Reno, NV with University of Nevada Reno - Extended Studies
 - [NDRC Training with Professor Blondell](#), Advanced Mediation Theory and Practice: A Deep Dive into Interests, Ethics, and Interventions. November 18, 2022. In person, Reno, NV.
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Worth a Read

- [Mediation As A New Path To Curtail Bullying](#): In the last 6 years we have seen a rise in bullying in schools around the country. According to the National Center for Educational Statistics in 2019, one out of every five (20.2%) students report being bullied. Thanks to Nancy Dyer for bringing this one in.

Making an Impact

Since 1999 NMC has been part of the Washoe County community making positive impacts by helping people and organizations resolve conflicts and by teaching people how to work through conflicts in their lives. What started as a mandated program by the state of Nevada, has grown through the years into a close knit community of mediators, trainers, coaches, advisors, and relationships. Over the years NMC has made positive impacts in the community in a variety of ways. Here are some of them:

Mediations Provided, 4,761

“We couldn’t be in the same room together, let alone come to an understanding. Thank you!”

Number of Volunteers Contributing to the Community, 192

“Good communication and fewer disputes is critical in this city. NMC gives me the opportunity to give back where I think it counts most.” (current active volunteers in 2022 is 39)

Volunteer Hours Contributed: 11,341

Customer Complete Satisfaction Rate, 91%

“Mediator was great, listened well.”

People Trained in Conflict Resolution and Mediation, 937

Good Conflict Outcomes In Washoe County (so far!) 149,920

“In that conversation at our family Thanksgiving, I was able to take a step back, understand why I was getting upset, and listen to my father in a deeper way. It made all the difference to him, and me. Thanks for the class.”

Where does that number come from?

We believe strongly that each person who takes an intensive conflict management training from NMC becomes better at working through conflict in their lives at home, at work and in the community. Many of them also help mediate conflicts for others in formal and informal settings.

Because of this, we estimate that each person trained creates at least two “Good Conflict Outcomes” per year, which has an impact on at least four people per year, and that our average trainee uses this information for the balance of their lifetime of approximately 40 years. So each person trained has a total lifetime impact of 160 Good Conflict Outcomes (4 X 40 = 160). To date NMC has trained 937 people, resulting in the total number (937 X 160 = 149,920).

Join Us - Volunteering with NMC

Since 1999 our volunteers, the board of directors, the staff, and our community partners have teamed together and worked hard to build a strong resilient foundation for conflict resolution and conflict education in our community. Countless hours of dedicated volunteer time have gone into building The Neighborhood Mediation Center. Thank you to each and every NMC volunteer, past, present and future! We are a team of about thirty active volunteers, and,

are very welcome. What do you like to do? Can you give NMC a hand in the community? [Take the first step here.](#)



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